

Paralowie Clontarf Academy

Pelican Post

Term 1, 2025



clontarf
foundation



ABOUT THE ACADEMY

The Paralowie Clontarf Academy was founded in 2021 and operates out of Paralowie R-12 School. It caters for students in Years 4 to 12 and currently has 40 boys engaged in the programme.

ABOUT THE FOUNDATION

The Clontarf Foundation exists to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so equips them to participate meaningfully in society.

SCHOOL DETAILS

Paralowie R-12
168-186 Whites Rd,
Paralowie
8182 7222

STAFF CONTACTS

Director:
Angus Schumacher
0427 032 704

Operations Officer:
Ben Barge
0493 891 932



Director's Address

As we wrap up the first term of 2025, I want to take a moment to reflect on the remarkable achievements we've seen from the boys here at the Paralowie Clontarf Academy.

First and foremost, we celebrated an outstanding 95% attendance rate—an all-time record for the Academy! This achievement is a testament to the dedication and commitment of our students. As a reward for their strong efforts, the boys will now have a Pool Table to enjoy in the academy room from Term 2 onwards!

This term has been full of enriching experiences for our students. We had a fantastic Year 12 Leadership Camp, where our senior boys displayed incredible leadership and initiative in self progression post their schooling journey. The Year 10/11 Surf Camp was an excellent opportunity for our students to challenge themselves in a different environment, while the Year 7/8/9 Reward Camp offered a well-deserved chance to relax and bond as a group. Our Year 4-6 Big Day Out to Bounce and the beach was a fantastic adventure, filled with excitement and fun memories for our junior cohort. The term was capped off with an End of Term Incentive Activity of Lazer Skirmish for all students who attended school 85% or more of the time over the term this was a great day of fun and reward for our highest attendees across Term 1.

In addition to these camps, we've maintained a strong focus on fitness and personal development. Our morning training sessions, which included gym workouts, pool activities, multi-sport sessions, and other fun activities in the Academy room, have been instrumental in keeping the boys active, engaged, and motivated for school. The buy in for these sessions has been great, and the boys alongside their families should be commended for their commitment to the early morning wake-ups and engagement in our sessions.

A significant part of our focus this term has been on building the skills that will support the boys in their future careers. Through our contact time activities, we've been dedicated to emphasising the core pillars of the Clontarf Foundation, particularly around employment and work readiness. We've worked closely with the boys to gain all of their work ready documents and fill our Employment Board, this will allow our boys the best chance to succeed whenever they become ready to enter the workforce.

Another pillar in which we heavily focused on was well-being. I was incredibly impressed with how the boys embraced our health checks, a vital part of their overall personal development. These checks are an essential part of ensuring that the boys are not only physically fit but also mentally prepared for the challenges they will face. The boys showed great maturity and commitment in attending their health checks, and it's fantastic to see them taking responsibility for their well-being.

In concluding my first term as Director of the Paralowie Academy I couldn't be more impressed with how the boys have embraced all the opportunities presented to them. I'm excited to see what we can achieve in the coming terms.

Thank you to all the students, staff, and families for your continued support and dedication. Here's to even more success in Term 2 and beyond!

Best regards,

Angus Schumacher, Director - Paralowie Clontarf Academy



Year 12 Leadership Camp

Our camp began on Wednesday, February 19th, with a warm welcome at West Beach Discovery Park, where we kicked off with room allocations and a Camp Brief outlining expectations for the week. After a tasty lunch of Clonni-style wraps and salad rolls, we were inspired by Guest Speaker Anthony Wilson, founder of Nude products, who shared insights on business and well-being. The afternoon saw everyone conquer the Mega Climb at West Beach, followed by free time before enjoying a delicious Taco Bowl dinner.

On Thursday, we rose early for a walk to Super Training at the West Beach Barrat Oval, where we participated in a session coordinated by Metro directors and enjoyed a BBQ breakfast. After some quick showers,

we headed to West Lakes Hotel for engaging workshops covering topics like goal setting, the importance of completing Year 12, wealth building, and being a "Good Bloke." Following on from this, the boys set off for the 'Big Wedgie' and raced down the big water slides for a fun filled afternoon where all academies bonded together as one cohort setting out to finish year 12 together.

Friday began nice and early with a football game in which the boys played against one another and hoped to impress selectors for the upcoming State of Origin series in Melbourne later in the year.





85%+ Attendance End of Term Incentive Activity

In the last week, students who achieved 85% or higher attendance this term were treated to an action-packed Laser Skirmish adventure in the Adelaide Hills, followed by a pizza lunch - a well-earned reward for their consistent commitment to showing up and engaging at school!

The day was full of high-energy fun as students geared up, strategised in teams, and put their skills to the test in outdoor laser tag battles. Surrounded by natural bushland, it was the perfect mix of excitement, teamwork, and friendly competition. Whether ducking behind trees, flanking opponents, or celebrating a fun filled round, everyone got involved and made the most of the experience. Ganging up on Clontarf Staff seemed to be a highlight for all the boys!

The event wasn't just about having fun, it was a way to recognise and celebrate the importance of regular attendance. Showing up every day means more learning, more growth, and now... more rewards.





Year 8/9 Reward Camp

The recent Year 8/9 Reward Camp was an action-packed celebration of student effort, teamwork, and clontarf spirit. Held at Salisbury Academy, the overnight camp brought together students from Salisbury and Ocean View Academies for an unforgettable experience full of fun, challenge, and connection.

From the moment the sleepover began, the energy was high and the excitement evident. Students kicked off their camp with an Escape Room challenge, where they had to solve puzzles and work together under pressure to break free. It was a great test of problem-solving and communication skills, with the boys unable to get out of the room in time!

The MasterChef Cooking Challenge followed, with students going to Woolowrths to gain all of their ingredients to cook their recipes, before donning aprons and getting creative in the kitchen. Teams planned, prepared, and plated their dishes, judged on taste, presentation, and teamwork. Each group made a different dish to share with their fellow academy members.

Following a morning training session at the Aquatic Centre, the adrenaline ramped up with Go Karting, where students raced around the track, trying to get the fastest lap time on the day. Unfortunately the students weren't fast enough to beat the Clontarf staff, maybe next time! Lazer Tag rounded out the activities with fast-paced, team-based action in a glow-in-the-dark arena and the boys had a blast to finish off their reward camp for what has been an incredible term from this cohort.

We can't wait to see what fun the year 8/9 boys have in Term 2 when they take off to Berri for the Basketball Camp!



Year 10/11 Surf Camp

It was week 8 of term one and the time had come... York's surf trip time!! This one was a tough camp to get on, attendance rates had to be up to claim your spot! Ash, Coen, Hodgev, Tyson and Conrad along for the ride. The day started with a worksite tour at Haig's, the best part... the chocolate tasting of course! It was a great experience seeing and learning about one of our partners, Haig's. next stop was a quick swim at the tidal pool, it was extremely refreshing and a heap of fun! We arrived at our camp and set up, the first night it was the Pelicans cooking up a storm, great job cooking up for the other academy's boys, great leadership and teamwork! We awoke to a little rain in the morning, but it was off to surf school bright and early. After a loooooong climb down to the beach it was on!!

The boys lapped up the lessons, and we were into it. So proud of all the boys' effort all day, everyone gave it a red-hot crack and took on the waves, learned some new skills and created lasting memories of their first surf! it was then back to the campsite then off for a big pizza dinner at the local restaurant. We finished the night with the footy on the big screen projector, a perfect way to end the day.... except if you are a Carlton fan that is. The next day was another early one, the boys all pitched in and helped each other pack up, it was like clockwork! Another great effort. What a fantastic camp, thanks lads hope you all loved it!!





Year 4-5-6 Big Day Out

Energy was high, the little lads of the Clontarf academy were PUMPED! It was finally time for the big day out. We started the day with a big solid breakfast to fill our bellies then it was onto our first stop, bounce. The lads got going quickly jumping from the trampolines to the high ropes to the parkour course as well as the rock-climbing wall. It was great to see a few of the lads conquer their fear of heights with the help of their supportive mate and have a crack at the high ropes.

Jaikob mastered a fantastic thank you to the bounce staff, great work mate!. After a solid 2 hours it was off to the beach for a well-earned feed. We arrived at semaphore shortly after and enjoyed some yiros and salad, following that we all headed down the beach. We were all throwing balls, swimming, diving, exploring and living our best lives in nature! The lads loved being outdoors and being free to explore and have fun together. Then it was one last game of spotto on the way back to school... A great fun filled day, thanks boys you were all awesome!! Until next time...





Morning Trainings

It was a jam-packed term of Morning training and afternoon activities, the lads are always keen, even for the early morning wake ups! We had plenty of variety scattered through the term with sessions including, All sports, Gym sessions, Aqua dome, Frisbee Golf, footy practice and much more...

Clontarf spirit is always on full display as well as some healthy competitiveness with the group. It was fantastic to see all the lads give everything a red-hot crack as well as learn some valuable new skills while doing so! The swimming center at Salisbury was a big hit with the lads, we even had a session with the Salisbury lads, it was a full bus every time, it is great to see the boys splash around and have some fun, the volleyball games certainly get competitive.

A highlight of the term was heading down to west beach and meeting up with all of the other SA academies for a morning training session during the year 12 leadership camp.



Term 2 Planner

*** These events are subject to change should an activity be changed we will let all the boys know ***

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
WEEK 1	28 April Term 2 Starts Monday Morning Meeting Welcome back BBQ	29 Pool Table Unveiling & Championship	30 Contact Time 7/8/9/10 (ASA – Planning) King of the Table	1 May Morning Training – All Contact Time 4/5/6 (ASA – Planning)	2 Good Bunch Lunch	3	4
WEEK 2	5 Monday Morning Meeting Masterchef Monday Contact Time 7/8/9/10	6 Morning Training – All Golf Challenge	7 King of the Table Contact Time 4/5/6	8 Morning Training – Battle of the North Director's Teams Meeting AbEd Leader Meeting	9 Good Bunch Lunch	10	11
WEEK 3	12 Monday Morning Meeting Masterchef Monday Contact Time 4/5/6	13 Morning Training – All Contact Time 7/8/9/10 ASA – Camp Brief & Prep	14 7/8/9 Berri Camp	15 7/8/9 Berri Camp	16 Good Bunch Lunch	17	18
WEEK 4	19 Monday Morning Meeting Masterchef Monday ASA – Camp Reflection	20 Morning Training – Juniors Contact Time 4/5/6 Golf Challenge	21 Y 4 – 6 BIG DAY OUT	22 Morning Training – Seniors Contact Time 7/8/9/10 AbEd Leader Meeting	23 Good Bunch Lunch Year 12 Formal	24	25
WEEK 5	26 Monday Morning Meeting Masterchef Monday ASA – Battle of the North	27 Reconciliation Week Morning Training – Juniors Contact Time 4/5/6 Golf Challenge	28 Reconciliation Week King of the Table Contact Time 7/8/9/10	29 Reconciliation Week Morning Training – Seniors	30 Reconciliation Week Good Bunch Lunch (Favourite teacher invitations)	31 Reconciliation Week	1 June Reconciliation Week National PD
WEEK 6	2 Reconciliation Week National PD Academy Room Closed	3 Reconciliation Week National PD Academy Room Closed	4 National PD Academy Room Closed	5 Reward Lunch (100% attendees Mon – Wed) AbEd Leader Meeting	6 Paralowie R-12 Student Free Day	7	8
WEEK 7	9 King's Birthday PH	10 Monday Morning Meeting Contact Time 7/8/9/10 Golf Challenge	11 King of the Table Contact Time 4/5/6	12 Morning Training – All	13 Good Bunch Lunch	14	15
WEEK 8	16 Monday Morning Meeting Masterchef Monday Contact Time 7/8/9/10	17 Morning Training – Juniors Contact Time 4/5/6 Golf Challenge	18 Y 7 - 9 BIG DAY OUT	19 Morning Training – Seniors AbEd Leader Meeting	20 Good Bunch Lunch	21	22
WEEK 9	23 Monday Morning Meeting Masterchef Monday	24 10/11/12 Camp Morning Training – On Camp Thomas Foods W.S.V?	25 10/11/12 Camp	26 Morning Training – Juniors Director's In-Person PD ASA – Camp Reflection	27 Fulton Hogan Footy Game	28	29
WEEK 10	30 Monday Morning Meeting Masterchef Monday	1 July Morning Training – Juniors End of Term Incentive Activity - 85%+	2 King of the Table Contact Time 7/8/9/10	3 Morning Training – Seniors Contact Time 4/5/6	4 Term 2 ends Good Bunch Lunch		

Photos - Term 1



Photos - Term 1



Photos - Term 1

